

7



Bible Promises

***When You Feel
Uneasy Without Pease***



Hopeful Hearts Ministry



When You Feel Uneasy Without Peace

Thank You for Downloading

When You Feel Uneasy Without Peace

We're so glad you've chosen to download this devotional resource. Life can often feel overwhelming, uncertain, and heavy but God offers a peace that goes beyond understanding. This folder was created to remind you that in every anxious moment, you are not alone.

Each verse and reflection is meant to draw your heart closer to the One who calms the storm and brings rest to your soul.

May these words lead you back to peace, steady your heart, and renew your hope as you lean on God's presence and promises.

You are loved. You are seen. You are held.
And peace is possible.

Blessings to you on this journey,



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When You Feel Uneasy Without Peace

A Word from our Pastor

Dear Friend,

Life doesn't always feel peaceful. There are seasons when anxiety weighs heavy, uncertainty clouds our vision, and rest seems just out of reach. If you find yourself in that place today feeling uneasy, worn down, or overwhelmed I want you to know this: you are not alone, and God is near.

This folder, "*When You Feel Uneasy Without Peace*," was prayerfully prepared to encourage you and help anchor your heart in the truth of God's Word. The Scriptures inside are not just comforting words they are promises from a faithful Father who sees you, loves you, and offers peace that surpasses all understanding.

Take your time with each verse and reflection. Let them remind you that Jesus is your peace, your protector, and your ever-present help. Whether you are in a storm or simply struggling to find quiet in the noise of life, His presence is your safe place.

As a pastor, it is my joy to walk with you, to pray for you, and to point you to the One who calms every anxious heart. May you encounter the deep, lasting peace that only Christ can give.

With love and hope,

Pastor Dan



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When You Feel Uneasy Without Pease

1

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid

1. John 14:27

Peace That the World Cannot Give

Jesus offers a peace that surpasses anything the world can give. It's steady, lasting, and deeply personal. When fear or anxiety creeps in, remind yourself that Christ's peace is already yours receive it by trusting in Him.



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When You Feel Uneasy Without Peace

2

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God. will guard your hearts and your minds in Christ Jesus

Philippians 4:6-7

Trade Your Worry for God's Peace

Peace comes when we bring our worries to God in prayer. Letting go in prayer and holding on to gratitude opens the door to peace that protects your heart and mind even in the middle of chaos.



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3

**You will keep in perfect peace those whose minds are
steadfast, because they trust in you**

Isaiah 26:3

Perfect Peace Comes from a Steadfast Mind

**When our minds are fixed on God and not our
problems, peace follows. Trust is the path to stillness.
Stay focused on His character and promises, and He
will steady your soul.**



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4

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace.

Colossians 3:15

Let Peace Rule Your Heart

Let peace *rule* not fear, not stress. Invite Christ's peace to be the deciding voice in your heart. It's part of your calling and your identity as His child.



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When You Feel Uneasy Without Pease

5

**In peace I will lie down and sleep, for you alone, Lord,
make me dwell in safety.**

Psalm 4:8

Sleep in God's Safety and Peace

**God's peace brings rest. When your mind is racing or
your heart is heavy, remember that the Lord is your
safety. You can sleep in peace knowing He's watching
over you.**



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When You Feel Uneasy Without Peace

6

Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.

2 Thessalonians 3:16

Peace at All Times and in Every Way

God is the source of peace, and He gives it freely in all times and all ways. Whether in silence or in storms, His presence brings a peace that endures.



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When You Feel Uneasy Without Pease

7

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight

Proverbs 3:5-6

Peace Through Trust, Not Understanding

Uneasiness often comes from not knowing what's next. But God asks us to trust, not to figure it all out. When you let go of control and lean into Him, peace begins to take root.



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