



7

Bible Promises

When you feel worried





Bible Promises



When you feel worried

1

**If God is for us, who can be
against us?**

Romans 8:31

**No matter what troubles you
face, God is bigger than your
fears. He is always with you,
guiding and protecting you.
Instead of letting worry take
over, trust in His power and love.
Pray, surrender your anxieties to
Him, and walk in His peace,
knowing that He is in control.**



Hopeful Hearts Ministry



Bible Promises



When you feel worried

2

**Who of you by worrying can add
a single hour to your life?**

Luke 12:25

**Worrying does not change
anything, but trusting God does.
He knows your needs and cares
for you deeply. Instead of
carrying the burden of fear, give
it to Him in prayer. Trust that His
plans are good, and rest in His
perfect peace.**



Hopeful Hearts Ministry



Bible Promises



When you feel worried

3

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Matthew 6:34

God calls us to trust Him one day at a time. Worrying about the future only steals today's peace. Instead, surrender your fears to God, knowing He is in control. Focus on His faithfulness today, and let Him take care of tomorrow.



Hopeful Hearts Ministry



Bible Promises



When you feel worried

4

Record my misery; list my tears on your scroll are they not in your record? Then my enemies will turn back when I call for help. By this I will know that God is for me.

Psalm 56:8-9

God sees every tear and knows every worry in your heart. You are never alone in your struggles. Call out to Him, and trust that He is with you, fighting on your behalf. Your worries may feel big, but God's love and power are greater.



Hopeful Hearts Ministry



Bible Promises



When you feel worried

5

**So do not fear, for I am with you;
do not be dismayed, for I am
your God. I will strengthen you
and help you; I will uphold you
with my righteous right hand.**

Isaiah 41:10

**God promises to be with you in every
moment of fear and uncertainty. You
don't have to face your worries alone
He will give you the strength and
support you need. Trust in His
presence, and know that He will carry
you through whatever you face.**



Hopeful Hearts Ministry



Bible Promises



When you feel worried

6

**A psalm of David. The LORD is
my shepherd, I lack nothing.**

Psalm 23:1

**God, as your Shepherd, is always
watching over you, providing for your
needs and guiding you with care. You
can trust that He will lead you through
any uncertainty. Rest in the assurance
that He is in control, and you lack
nothing because He is with you. Let
His peace calm your heart and replace
your worries.**



Hopeful Hearts Ministry



Bible Promises



When you feel worried

7

Ah, Sovereign LORD, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.

Jeremiah 32:17

The God who created the universe is the same God who is with you in your struggles. No problem is too big for Him to handle. Trust that His great power is at work in your life, and nothing is beyond His ability to overcome. Let His strength replace your worries.



Hopeful Hearts Ministry