



when you
feel afraid
of death
and dying



7 Bible Promises

Death is something many of us would rather not think about, yet the fear of dying often lingers quietly in our hearts.

Questions about what will happen, what we might lose, or how those we love will carry on can leave us unsettled. But as followers of Christ, we are reminded that death is not the end it is a doorway into eternal life with Him.



7 Bible Promises

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Dear friend,

There are moments in life when the thought of death can stir fear in our hearts. It is natural to feel uncertain about what lies beyond this life, but as children of God, we do not face these thoughts alone. Scripture is filled with promises that remind us of God's presence, His peace, and the eternal life secured for us through Jesus Christ.

when fear rises in your heart, speak these promises aloud. Remember that your Savior has already gone before you, conquered death, and now offers you eternal life. We are not left in the dark we are held in the light of His unfailing love.

May these truths quiet your fears and fill you with hope. And may you rest in the assurance that for the believer, death is not a defeat but a passage into the presence of the One who loves us most.

With grace and love,
Pastor Dan



7 Bible Promises

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1

**Even though I walk through the darkest valley, I will fear
no evil, for you are with me; your rod and your staff, they
comfort me.
Psalm 23:4**

This verse is one of the most comforting promises in all of Scripture. David doesn't say if he walks through dark valleys, but when. Hardship, suffering, and even the nearness of death are realities we all face. Yet the focus here is not on the valley it's on God's presence in the valley.

The rod and staff are symbols of the shepherd's protection and guidance. The rod defends against danger, and the staff gently leads and pulls the sheep back when they stray. In the same way, God defends us from evil and guides us with His steady hand.

The promise of Psalm 23:4 is this no matter how dark or frightening the path may seem, we are never alone. God Himself walks beside us. His presence is greater than our fear, and His comfort sustains us until we reach the safety of His fold.



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2

**I am the resurrection and the life. The one who believes
in me will live, even though they die.
John 11:25**

These words were spoken by Jesus to Martha after the death of her brother Lazarus. In her grief, Martha longed for hope and Jesus gave her more than comfort, He gave her a declaration of His identity.

By saying, **I am the resurrection and the life**, Jesus revealed that eternal life is not just a future event, but a present reality found in Him. Death does not have the final word Jesus does. For those who believe in Him, physical death is not the end but the doorway into eternal life with God.

This verse reminds us that our hope is not in our strength, our works, or even our ability to understand life's mysteries. Our hope is in Christ alone the One who conquered death and offers everlasting life to all who believe.



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3

**For I am convinced that neither death nor life will be able
to separate us from the love of God that is in Christ
Jesus our Lord
Romans 8:38–39**

Paul writes these powerful words as a declaration of absolute confidence in God's love. Notice the language I am convinced. This is not a hope or a wish; it is a certainty grounded in Christ's finished work on the cross.

The list Paul gives covers every possible force life or death, spiritual powers, time itself, or anything in all creation. None of them are stronger than God's love. Nothing has the power to pull us away from His embrace.

For the believer, this truth is a rock to stand on in times of fear, suffering, or doubt. Even when we feel weak, abandoned, or overwhelmed, God's love remains unshakable. In Christ, we are held securely forever.



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4

Death has been swallowed up in victory. Thanks be to God! He gives us the victory through our Lord Jesus Christ.

1 Corinthians 15:54, 57

Paul is proclaiming one of the greatest truths of the gospel death is no longer the final enemy. Through the death and resurrection of Jesus, the power of death has been defeated. What once brought fear and despair has now been swallowed up in Christ's victory.

Verse 57 shifts our focus to gratitude. Thanks be to God! The victory over death is not something we earn by our works or strength it is a gift, freely given through Jesus. Because of Him, we can face life and even death with confidence, knowing that eternal life awaits us.

This passage reminds us that as believers, we do not fight for victory we live from the victory already won. Death does not get the last word. Jesus does.



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5

**My Father's house has many rooms. I am going there to
prepare a place for you.
John 14:2**

These words were spoken by Jesus to His disciples on the night before His crucifixion. They were troubled and uncertain about what was coming, but Jesus gave them a promise of hope and security.

The image of the **Father's house with many rooms** reminds us that heaven is not a distant idea but a real home prepared for God's children. It is spacious, welcoming, and personal there is a place for each believer.

Even more comforting is the truth that Jesus Himself prepares this place. He is not only our Savior but also our host, ensuring that we will one day be with Him forever. For those who fear the unknown of death, this verse offers assurance we are not stepping into emptiness, but into the home Christ has lovingly prepared.



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6

After that, we who are still alive and are left will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever. Therefore encourage one another with these words.

1 Thessalonians 4:17–18

Paul wrote these verses to believers who were grieving the loss of loved ones. They feared that those who had died would somehow miss out on Christ's return. Paul's message is full of comfort: death does not separate us from the promise of eternal life in Jesus.

The hope here is twofold **we will be reunited** both with those who have gone before us in Christ and with the Lord Himself. And even more, this reunion is not temporary it is forever.

Paul ends by saying, encourage one another with these words. This hope isn't just for personal comfort, but something we are called to share, reminding each other that in Christ, death is not the end but the doorway to eternal life together with Him.



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7

**Peace I leave with you; my peace I give you. Do not let
your hearts be troubled and do not be afraid
John 14:27**

Jesus spoke these words to His disciples just before His crucifixion—a time when fear, confusion, and sorrow filled their hearts. Yet He promised them something far greater than outward safety or temporary comfort. He promised them **His peace**.

The peace of Jesus is not the fragile, changing peace the world offers, dependent on circumstances. Instead, it is a deep, unshakable peace rooted in His presence. It's the assurance that even when storms rage, God is in control, and His love holds us fast.

This verse invites us to trade our troubled hearts for Christ's calm assurance. Fear may knock at our door, but His peace reminds us that we are never alone. His Spirit lives within us, calming our hearts and giving us courage to face the unknown.