Apply God's Word to Your Life Today

# When You Don't Know What to Do

Bible Promises 7

Hopeful Hearts Ministry

Hopeful Hearts Ministry




# Copyright

**7 Bible Promises. When You Don’t Know What to Do**

Copyright © 2026 **Hopeful Hearts Ministry**
All rights reserved.

This book and its contents are created and published by **Hopeful Hearts Ministry**.

No part of this folder may be reproduced, copied, modified, distributed, or transmitted in any form or by any means, including electronic or digital methods, without prior written permission from Hopeful Hearts Ministry, except for brief quotations used for review, teaching, or non-commercial purposes with appropriate credit.

This book is provided as a free resource for personal and spiritual encouragement. It may be shared with others in its original, unmodified form, provided that the content remains complete and the Hopeful Hearts Ministry attribution is retained.

This book is not intended for resale.

**Hopeful Hearts Ministry**
www.hopefulheartsministry.eu

Created to share faith, hope, encouragement, and the love of God.

**Scripture Translation.**

Scripture quotations are taken from the Holy Bible, New International Version® (NIV®).

Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc.®
Used by permission. All rights reserved worldwide.

NEW INTERNATIONAL VERSION® and NIV® are registered trademarks of Biblica, Inc.




## A Word from Our Pastor.

Dear Friend,

There are times in life when we simply do not know what to do. We may face difficult decisions, unexpected changes, or moments when the way forward seems unclear. In those moments, it is easy to feel overwhelmed or wonder where to turn.

But I want to encourage you with this truth: **You do not have to have all the answers when you know the One who does.**

God invites us to come to Him with our questions, our worries, and our uncertainties. Through His Word, He offers wisdom for our decisions, peace for our troubled hearts, and strength for the journey ahead. Even when we cannot see the whole picture, we can trust His character, His promises, and His unfailing love.

My prayer is that these seven Bible verses will bring comfort to your heart, renew your faith, and remind you that you are never alone. Take your time reading each verse. Reflect on its message, bring your concerns to God in prayer, and allow His truth to encourage you.

You may not know what the next step will be, but you can trust God to walk beside you as you take it.

May His peace fill your heart, His wisdom guide your decisions, and His love remind you that there is always hope in Him.

**With love and prayers,**
**Pastor Dan**




# When You Don't Know What to Do.

## 1

**Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.**

**Proverbs 3:5–6 — NIV**

### Trust God to Lead You

When you don't know what to do, it is easy to become trapped in your own thoughts, trying to find the perfect answer. God invites you to place your trust in Him rather than relying only on what you can understand. You do not need to see the entire road ahead to take the next step with Him. Bring your decisions to God in prayer, remain open to His wisdom, and trust Him to guide you one step at a time.

### Practical Reflection

**Take a moment today to bring your decisions to God in prayer. Instead of trying to figure everything out alone, ask Him to guide your next step and help you trust Him with the outcome.**




# When You Don't Know What to Do.

## 2

**If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.**

**James 1:5 — NIV**

### Ask God for Wisdom

You do not have to be ashamed of not knowing what to do. God welcomes your questions and invites you to ask Him for wisdom. When a decision feels difficult or confusing, take time to pray and seek His guidance. God's wisdom may come through Scripture, wise counsel, or a clearer understanding as you consider your choices. You can approach Him honestly, knowing that He welcomes you when you need help.

### Practical Reflection

**Think about one situation where you need wisdom. Ask God to help you see it clearly, and be willing to listen to His guidance through Scripture, prayer, and trusted Christian counsel.**




# When You Don't Know What to Do.

3

**I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you**

**Psalm 32:8 — NIV**

## God Will Instruct You

God does not leave you to navigate life alone. Even when the way forward is unclear, He cares about the direction you take. Spend time listening to His Word and asking Him to shape your decisions. His guidance may not always arrive as quickly or as dramatically as you expect, but you can keep seeking Him with a willing heart. Remember that you are not forgotten; God sees you and cares about your journey.

## Practical Reflection

**Set aside a few quiet minutes to read God's Word and listen for His guidance. Ask Him to help you recognize the next right step, even if you cannot see the whole journey.**




# When You Don't Know What to Do.

# 4

**He says, 'Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.**

**Psalm 46:10 — NIV**

## Be Still Before God

When you feel uncertain, your mind may race with questions, worries, and possible outcomes. Sometimes, the first step is not to make another decision but to become still before God. Give yourself a moment to breathe, pray, and remember who He is. You may not receive every answer immediately, but you can find peace in knowing that God remains sovereign even when your circumstances feel beyond your control.

## Practical Reflection

**Pause today and step away from the noise and pressure around you. Take a few slow breaths, pray quietly, and remind yourself that God is still in control, even when life feels uncertain.**




# When You Don't Know What to Do.

5

**So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand**

**Isaiah 41:10 — NIV**

### You Are Not Alone

Not knowing what to do can leave you feeling afraid or helpless. You may wonder whether you have the strength to face what comes next. God reminds His people that His presence is a source of courage and strength. You do not need to face tomorrow relying only on your.

## Practical Reflection

**When fear or uncertainty rises, remind yourself that God is with you. Name one concern you are carrying and ask Him for the strength and courage to face it today.**




# When You Don't Know What to Do.

# 6

**Commit your way to the Lord; trust in him and he will do this**

**Psalm 37:5 — NIV**

## Commit Your Way to the Lord

When you cannot see how everything will work out, place your plans, concerns, and decisions in God's hands. Committing your way to Him means inviting Him into every part of your journey, not only the parts you understand. Do what you can with the wisdom available to you, seek godly advice when needed, and leave the outcome in His care. Trust is not about knowing exactly what will happen; it is about continuing to rely on God as you move forward.

## Practical Reflection

**Choose one worry or decision that has been weighing on your heart. Place it in God's hands through prayer, do what you can with wisdom, and trust Him with what you cannot control.**




# When You Don't Know What to Do.

7

**Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.**

**Philippians 4:6–7 — NIV**

## Let God's Peace Guard Your Heart

When you do not know what to do, worry can easily take over. God invites you to bring your concerns to Him through prayer. You can tell Him honestly what frightens you, what confuses you, and what you need help with. His peace does not necessarily mean that every problem will disappear immediately. It means that, even in the middle of uncertainty, you can find comfort in His presence and trust Him with what you cannot control.

## Practical Reflection

**Write down one thing that is worrying you and turn it into a prayer. Thank God for His faithfulness, ask for His peace, and return to that prayer whenever anxiety begins to overwhelm you.**




### A Final Word of Encouragement

If you are facing a situation today and do not know what to do, remember that you do not have to figure everything out at once.

Take a moment to pray. Open your Bible. Ask God for wisdom, and consider speaking with someone you trust who can offer wise and compassionate counsel.

God may not show you the entire journey, but you can seek Him for the next faithful step. Your uncertainty does not mean that you have been abandoned, and your unanswered questions do not prevent you from trusting Him.

**You may not know what tomorrow holds, but you can place your tomorrow in God's hands.**

## A Short Prayer

Heavenly Father,

When I feel confused and uncertain, please guide my heart and mind. Give me wisdom when I do not know which way to turn, peace when worry overwhelms me, and courage to take the next step in faith. Help me trust Your guidance even when I cannot see the whole picture.

Thank You for being with me in every season of life. Teach me to seek You first and to rest in Your unfailing love.

In Jesus' name, Amen.






🌟 **Support Hopeful Hearts Ministry** 🌟

We're excited to share our **7 Bible Promises folder** absolutely free! This inspiring resource is designed to remind you of God's love, hope, and faithfulness every day.

You can also support our ministry in other ways:

- **Listen to our music on Spotify** 🎵 – enjoy uplifting songs anytime.
- **Tune in to our 2 radio stations** 📻 – for daily inspiration and worship.
- **Podcasts** – Through **Hopeful Hearts Ministry**, we bring you uplifting messages, practical insights, and encouragement from God's Word, designed to strengthen your walk with God, deepen your trust, and inspire your everyday life.
- **Hopeful Hearts Ministry Podcast** brings you weekly messages focused on faith, hope, God's love, and the promises found in Scripture.
- **Hopeful Hearts Daily** offers short daily moments of Scripture, encouragement, and prayer to help you start your day with hope and keep your heart focused on God.
- If Hopeful Hearts Ministry has been a blessing to you and you would like to help us continue creating music, podcasts, radio programs, and Christian resources, you can also support us with a small donation through **Ko-fi**.
- There is no required amount. **Every gift, large or small, is deeply appreciated** and helps with the ongoing costs of keeping Hopeful Hearts Ministry online and continuing this work.
- Your support helps us reach more people with messages of faith, hope, encouragement, and God's promises.
- 🛍️ **Visit Our Music Shop**
  Discover music from Hopeful Hearts Worship and explore our releases. Every purchase helps support our music ministry and enables us to continue creating songs that share messages of faith, hope, and God's love.
- And whether you support us financially, listen to our music, tune in to the radio, listen to a podcast, download a resource, or simply share Hopeful Hearts with someone else **thank you.**

Your support allows us to reach more hearts with God's promises and encouragement. Every listen, download, and prayer makes a difference!

💛 **Join us in spreading hope, one song and promise at a time.**