

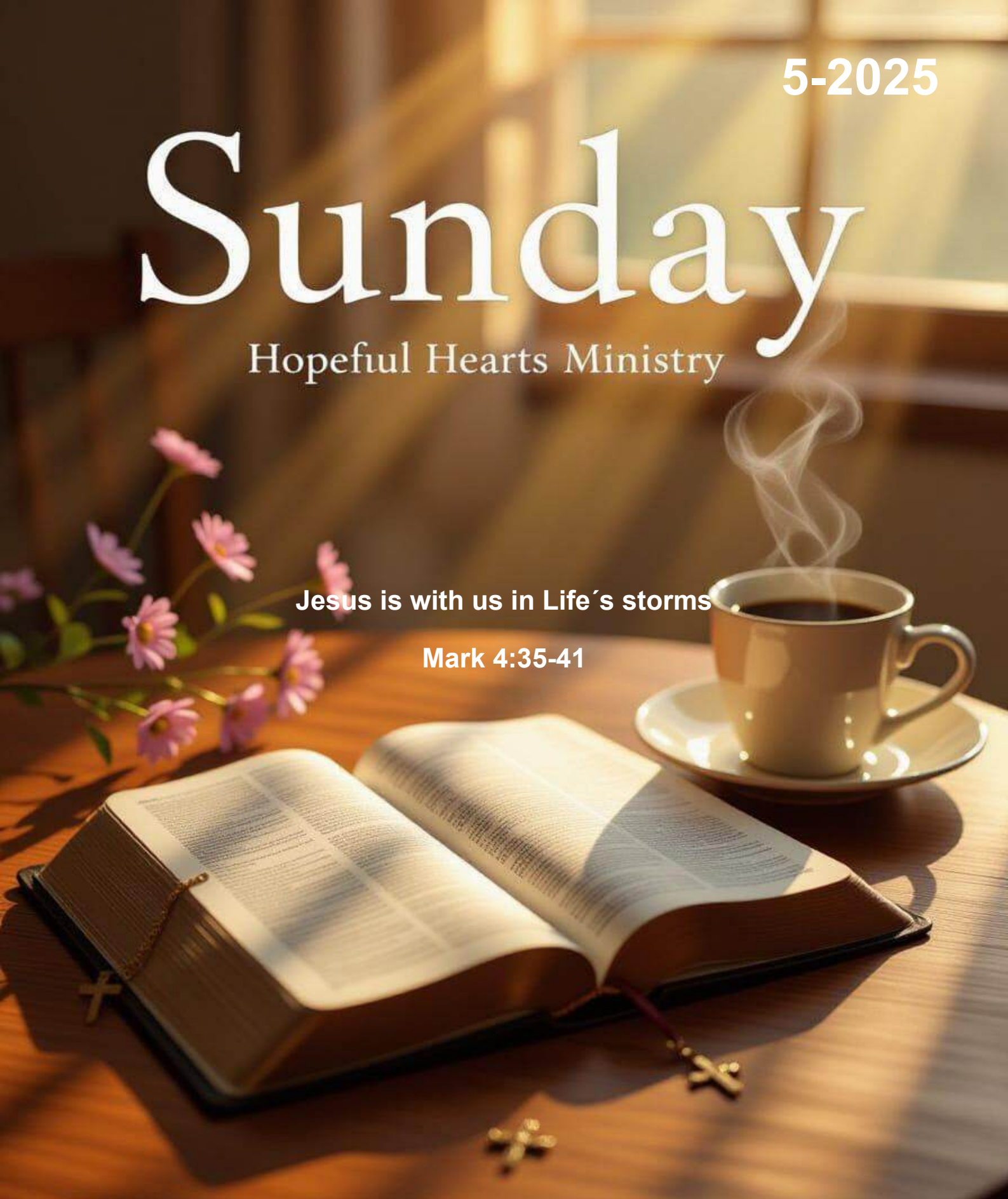
5-2025

Sunday

Hopeful Hearts Ministry

Jesus is with us in Life's storms

Mark 4:35-41



— A —
MESSAGE
— from our —
PASTOR
— † —



Dear friends

As we open this week's magazine, I want to share a message of comfort and assurance drawn from Mark 4:35–41 the story of Jesus calming the storm.

In this familiar passage, the disciples find themselves caught in a violent storm on the Sea of Galilee. The winds roar, the waves crash, and fear takes hold of their hearts. Yet, while the chaos surrounds them, Jesus is in the boat calm, at peace, and present.

When they cry out, Teacher, don't you care that we're perishing? He rises, speaks a few simple words Peace, be still and suddenly everything is quiet. The wind stops. The water rests. And the disciples are left amazed, whispering, Who is this, that even the wind and the sea obey Him?

Friends, this story isn't just about a storm on a lake; it's about the storms we all face in life. Sometimes they come as sickness, loss, conflict, or uncertainty. We may feel overwhelmed, even forgotten. But the truth remains Jesus is still in the boat. He has not left us, and He never will.

The storms may shake us, but they cannot sink us when our faith is anchored in Him. He may not always calm the storm immediately, but He can calm our hearts in the middle of it.

This week, as you read and reflect, I encourage you to hold tightly to His promise. Remember, no matter how fierce the waves may seem, the One who commands the wind and sea is with you. And when He speaks, peace will come.

May this week's issue strengthen your faith, calm your heart, and remind you that you are never alone Jesus is with you in life's storms.

With love and blessings,

Pastor Dan.

Bible Lesson

— of the Week —



Jesus Is With Us in Life's Storms

Life can feel peaceful one moment and stormy the next. Just like the sea, our circumstances can change quickly health problems, family worries, or unexpected challenges can shake our peace.

But in Mark 4:35–41, we find a powerful reminder that Jesus is with us, even in the storm.

Jesus had been teaching large crowds all day by the Sea of Galilee. When evening came, He said to His disciples, Let us go over to the other side.

As they sailed, a violent storm arose waves crashed into the boat, and it began to fill with water. These were experienced fishermen, yet even they were terrified.

Meanwhile, Jesus was asleep in the boat. The disciples woke Him and cried out, Teacher, don't you care that we're perishing?

This moment captures what we often feel in our own storms fear, confusion, and the question: Does God see what I'm going through?

When Jesus awoke, He rebuked the wind and said to the sea, Peace! Be still! Instantly, the wind stopped, and there was a great calm.

Then He turned to His disciples and asked, Why are you so afraid? Do you still have no faith?

This miracle teaches us that Jesus has complete power over every storm physical or emotional. Nothing is beyond His control.

Even the wind and the sea obey Him.

The disciples' fear is understandable the storm was real, the danger serious. But Jesus wanted them to see beyond their fear and to trust in His presence.

He was with them the whole time. Even when He seemed silent, He had not abandoned them. In the same way, when we face hardship, we might not always feel God's presence but He is still there, guiding, protecting, and ready to bring calm when the time is right.

In Mark 4:35–41, we see that life's storms are not signs of God's absence they are opportunities to see His power and love.

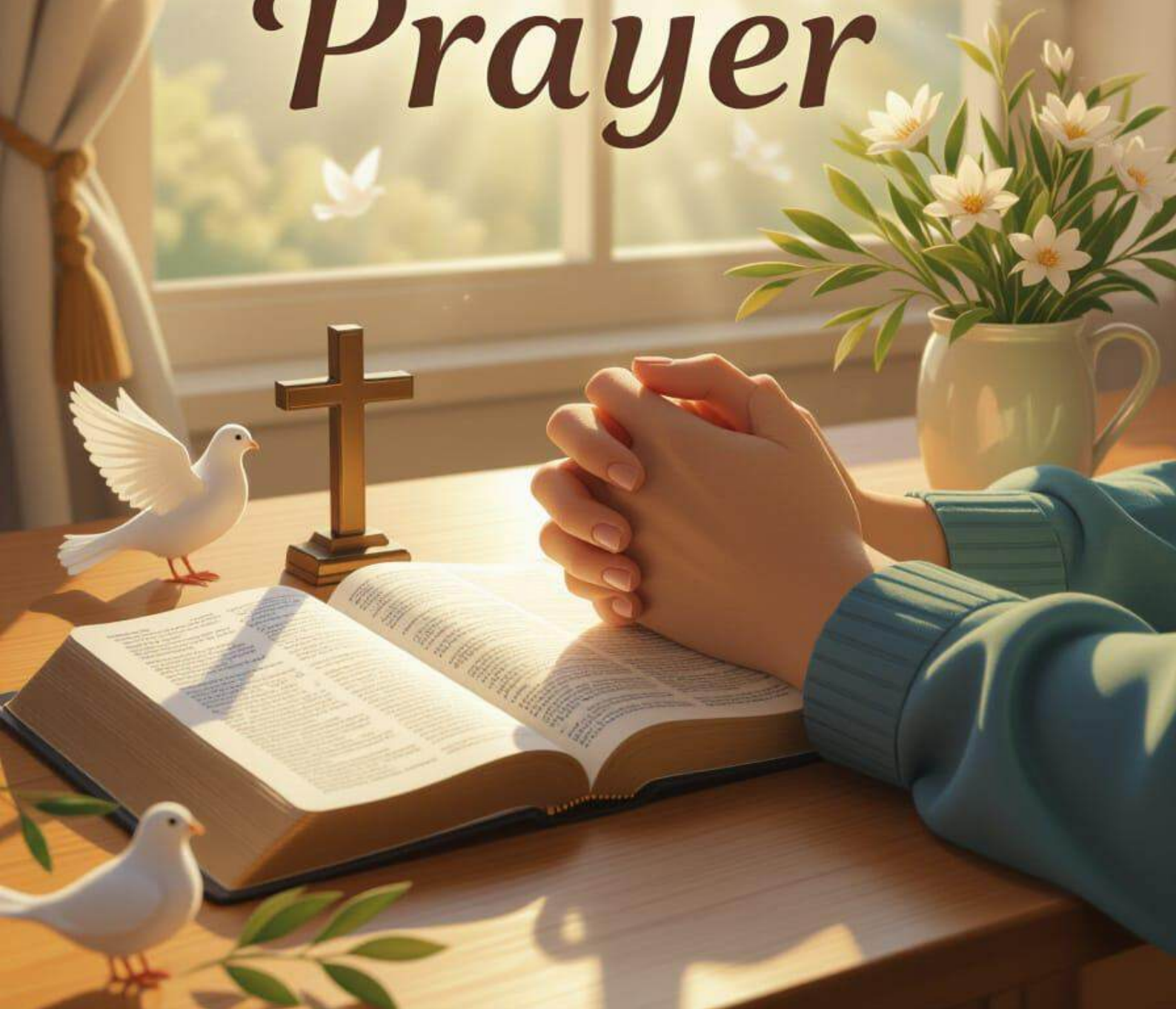
When the winds rise and fear whispers, remember:

Jesus is in your boat.

He may not always calm the storm right away, but He can calm *your heart* while it rages.

And when the time is right, His voice will still say, *Peace, be still*

This Week's *Prayer*





Heavenly Father,

**I come before You this week with hearts that sometimes tremble in the winds of life.
Just as the disciples faced the storm on the Sea of Galilee, we too encounter moments when
fear rises and faith feels small.**

**But we remember today that Jesus was and still is in the boat.
He never left His disciples, and He never leaves me.**

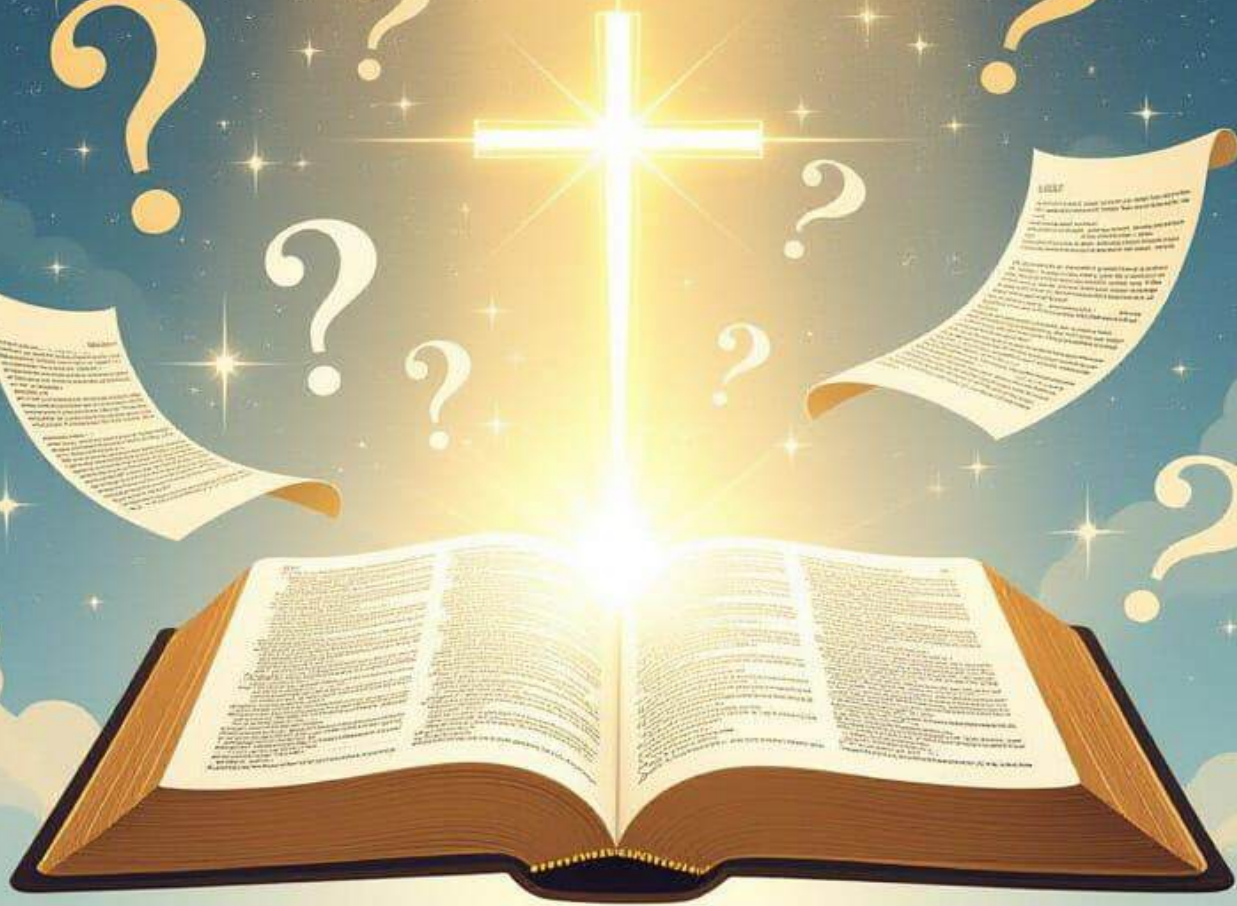
**Lord, when the waves of worry crash and the winds of doubt blow strong,
teach me to trust in Your presence more than we fear the storm.
Remind me that one word from You can bring calm to my chaos,
and that Your peace is stronger than any trouble that surrounds me.**

**Give me courage to rest in You when I cannot see the way forward.
Strengthen my faith to believe that even when You seem silent,
You are working, You are near, and You are in control.**

**May this week be filled with the quiet assurance that You are with me
in every challenge, every decision, and every moment of uncertainty.
Let Your voice whisper to my heart, *Peace, be still.***

**I place my live, my familie, and our storms into Your hands,
trusting that You will guide us safely to the other side.**

**In Jesus' name,
Amen.**



BIBLE QUIZ

How well do You Know God's Word?





1. Where were Jesus and His disciples traveling when the storm began?

- A) To Jerusalem**
- B) To the other side of the Sea of Galilee**
- C) To Nazareth**
- D) To Bethany**

Answer. B) To the other side of the Sea of Galilee

2. What was Jesus doing while the storm raged?

- A) Praying on the mountain**
- B) Repairing the boat**
- C) Sleeping on a cushion**
- D) Talking to the disciples**

Answer. C) Sleeping on a cushion

3. What did the disciples say to Jesus when they woke Him up?

- A) Save us, Lord, we are perishing!**
- B) Teacher, don't you care that we're perishing?**
- C) Master, tell us what to do.**
- D) Lord, calm the wind!**

Answer. B) Teacher, don't you care that we're perishing?

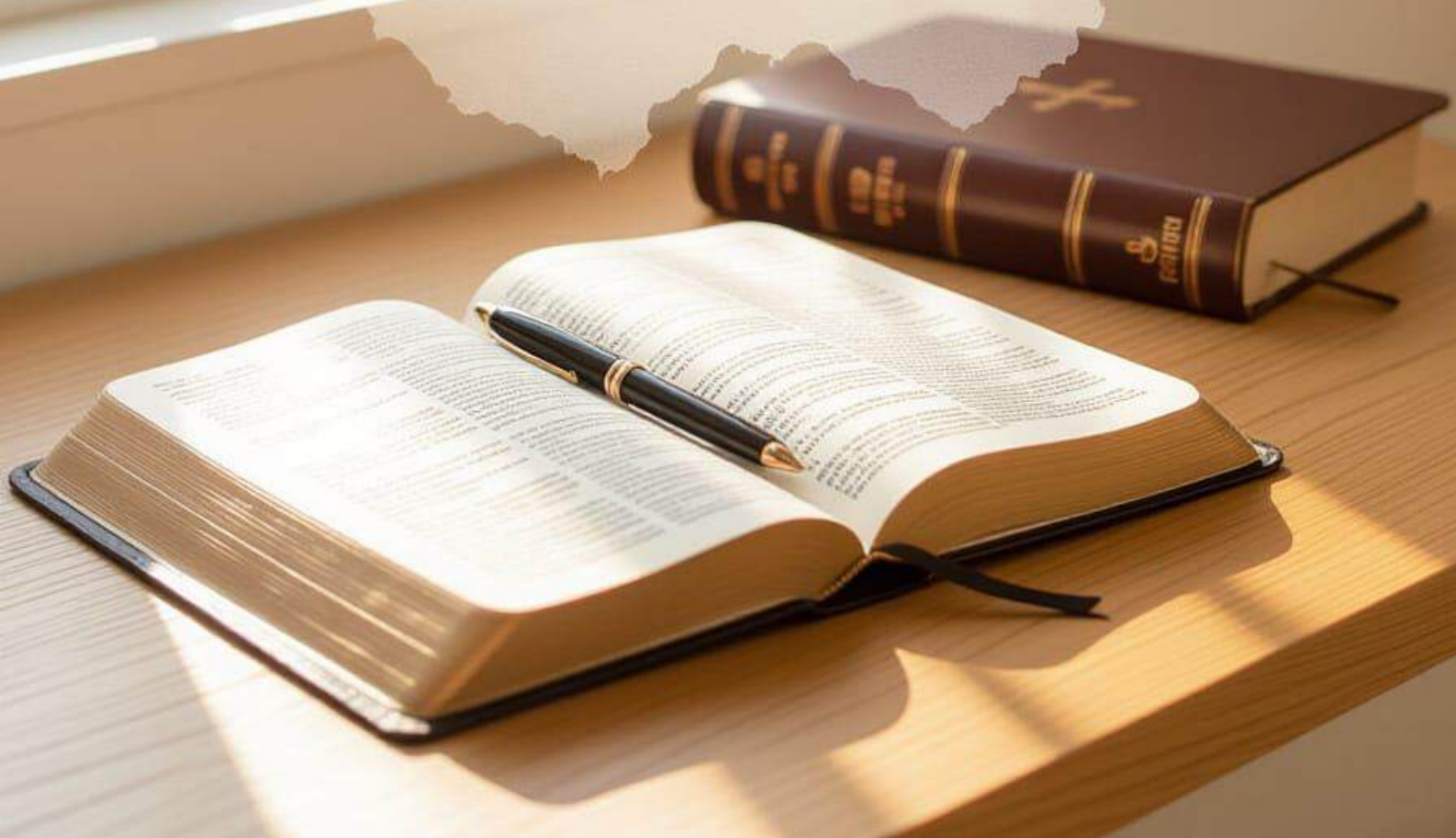
4. What did Jesus say to the wind and the waves?

- A) Stop, in My name!**
- B) "Peace, be still!"**
- C) Quiet down, for I am with you.**
- D) "Cease, by the Spirit's power!"**

Answer. B) Peace, be still!



My Practice — *for* — *This Week*



Remember: Jesus Is in the Boat

When the disciples faced the storm, they forgot one powerful truth Jesus was with them. We often do the same. When life gets hard, we may feel like we're alone, but the presence of Christ never leaves us.

Each morning this week, begin your day by saying,
Jesus, thank You that You are with me in every situation today.
Let this be your anchor before the waves of worry start to rise.

Don't Let Fear Drown Faith

In verse 40, Jesus asks, Why are you so afraid? Do you still have no faith? Fear can silence faith but faith reminds us who controls the storm. When you start to feel anxious or afraid, pause and pray:
Lord, I choose faith over fear. Help me to trust that You are in control.
Then breathe deeply, knowing His peace is greater than your problem.

Listen for His Peace, Be Still

Jesus didn't just calm the sea He spoke peace into the hearts of His followers. His same voice speaks to us through Scripture, prayer, and quiet moments of worship. Take 5 minutes each day this week for silent prayer. Ask God to quiet your thoughts and help you hear His calm, steady voice.

Let the Storm Strengthen, Not Weaken, Your Faith

After the storm, the disciples said, Who is this? Even the wind and the waves obey Him! Their fear turned to awe and their faith grew. Sometimes God allows storms not to sink us, but to reveal His power in ways calm seas never could. Reflect at the end of this week:
What have I learned about God's power and presence through my own storms?
Write down one thing you've seen Him do for you recently even a small act of peace or provision.