

7



Facts about forgiveness

Forgiveness is one of the most powerful gifts God offers and one of the hardest things we're called to give. It begins with Him: a Savior who hung on a cross and prayed, "Father, forgive them." His mercy is not based on what we deserve, but on His love.





7



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1

Forgiveness is commanded by God

**Jesus teaches that forgiveness
is essential in our relationship
with God and serves as the
foundation for our own
forgiveness.**

Matthew 6:14-15



7



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2

Forgiveness reflects God's character

**As God's children, we are called
to emulate His nature, which
includes being forgiving towards
others.**

Ephesians 4:32



7



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3

Forgiveness brings freedom

**Holding onto grudges can lead to bitterness and a lack of peace.
Forgiveness allows us to release those burdens and find freedom.**

Colossians 3:13



7



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4

Forgiveness is a sign of true love

**Genuine love includes the
willingness to forgive,
demonstrating a commitment to
relational harmony and
understanding.**

1 Peter 4:8



7



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5

Forgiveness is a process

Jesus acknowledges that forgiveness can be challenging and may require repeated efforts, but He emphasizes the importance of maintaining a forgiving heart.

Luke 17:3-4





7

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6

Forgiveness leads to healing

Forgiveness can play a significant role in emotional and spiritual healing, fostering reconciliation and restoration in relationships.

James 5:16



7



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7

*Forgiveness is essential for
unity in the body of Christ*

**Forgiveness helps maintain unity
within the church and among
believers, allowing the body of
Christ to function harmoniously
and effectively.**

Psalm 133:1

